



## 香港手部复康治疗学会

### HKSHT 20th Anniversary Clinical Excellence Series:

#### Advanced Splinting for Joint Stiffness

#### 20周年专业卓越系列:

#### 针对关节僵硬的进阶支具制作工作坊

#### 工作坊流程表 (Workshop Rundown) :

| 上午时间<br>(AM) | 下午时间<br>(PM) | 内容 (Topics)                                                                                                                                                           | 讲者 (Speakers)                                     | 主持 (Moderators)                                      |
|--------------|--------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|------------------------------------------------------|
| 0815         | 1345         | 登记签到 (Registration)                                                                                                                                                   |                                                   |                                                      |
| 0830 – 0835  | 1400 – 1405  | 开幕致辞 (Opening Speech)                                                                                                                                                 |                                                   | 方颢勋先生<br>Mr. Jerry Fong                              |
| 0835 – 1010  | 1405 – 1540  | 实践环节 (一) :<br>- 进阶支具制作: 针对手指屈曲受限的动态与静态渐进式方案 (Advanced Splinting: dynamic vs static progressive approaches for limited finger flexion)<br>- 示范与实操练习 (Demo & Practical) | 林沚欣女士<br>Ms. Miko Lam/<br>廖昌河先生<br>Mr. Kelvin Liu | 杨浩莹女士<br>Ms. Daisy Yeung<br>杜倚弥女士<br>Ms. Ines Durand |
| 1010 – 1020  | 1540 – 1550  | 问答及休息时间 (Q & A and Break)                                                                                                                                             |                                                   |                                                      |
| 1020 – 1155  | 1550 – 1725  | 实践环节 (二) :<br>- 费城支具原理与设计要点 (Principles of Philadelphia Splint)<br>- 示范与实操练习 (Demo & Practical)                                                                       | Ms. Clare Black                                   | 吴浩廷先生<br>Mr. Karl Ng<br>廖昌河先生<br>Mr. Kelvin Liu      |
| 1155 – 1205  | 1725 – 1735  | 问答环节 (Q & A)                                                                                                                                                          |                                                   |                                                      |
| 1205 – 1210  | 1735 – 1740  | 纪念品颁发及合照<br>(Souvenir Presentation and Group Photos)                                                                                                                  |                                                   |                                                      |
| 1210 – 1215  | 1740 – 1745  | 闭幕辞 (Closing Remarks)                                                                                                                                                 |                                                   | 伍晞樂女士<br>Ms. Jenna Ng                                |