

**Hong Kong Society for Hand Therapy Education Seminar 2023**  
**Upper Limb Sports Injuries**  
**23 September 2023**  
**Rundown:**

Time	Topics	Speakers	Moderators
0845-0900	Registration		
0900-0905	Opening speech	Ms. Mavis Lee	
0905-0935	Sports Injuries in Shoulder	Dr. T W Chan (PYNEH)	Ms. Jenna Ng & Ms. Jess Lam
0935-1005	Sports Injuries in Elbow	Dr. Athena Au (Private Practice)	
1005-1035	Sports Injuries in Hand	Dr. Justin Wong (QEH)	
1035-1050	Q&A		
1050-1100	Break		
1100-1130	Occupational Therapy Management in Common Upper Limb Sports Injuries	Mr. Thomas Chan (OT, PWH)	Mr. Kelvin Liu & Ms. Melva Yip
1130-1200	Splinting Options to Correct a PIPJ Flexion Contracture from a Fracture and/or Dislocation	Ms. Clare Black (OT, Private Practice)	
1200-1230	Rehabilitation and Return to Sports in Upper Limb Sports Injuries	Mr. Howard Fong (PT, PolyU)	
1230-1245	Q&A		
1245-1250	Closing speech	Mr. Jerry Fong	